

Activities at the Falls

"If you don't like the weather in Maine... wait five minutes"

All Mainers know that you just can't count on our weather to stay the same for any reasonable period of time. That's why we will always try to run the majority of our activities as scheduled, rain or shine, warm or cold.

**To View an Extensive Collection of Ogunquit's Natural Beauty Go To: mainecoastexplorers.com*

Saturday September 4th 2010

8:00-9:00am *Little Fish Swim*

Designated for children 7 and under and their adult guardian(s).

9:00-10:00am *Koffee with Keith*

Want to know where to go to eat? Thing's to do? Need directions? Want to learn the history of Ogunquit? Come see the ultimate concierge and pick his brain while enjoying a cup of coffee! Meet outside on the patio by the pool.

Sunday September 5th 2010

8:00-9:00am *Little Fish Swim*

Designated for children 7 and under and their adult guardian(s).

Monday September 6th 2010

8:00-9:00am *Little Fish Swim*

Designated for children 7 and under and their adult guardian(s).

5:00-6:00pm *Hot Dogs and Marshmallows*

Come join us and roast hot dogs and marshmallows over our fire pit Monday night, for a roasted delight! Meet Melissa, our Concierge out back in the BBQ area for a vacation celebration. In case of rain, meet at the top of the hill in the Reception Center.

Tuesday September 7th 2010

8:00-9:00am *Little Fish Swim*

Designated for children 7 and under and their adult guardian(s).

9:15-12:15pm *Coastal Bike Ride*

*Enjoy a leisurely bike ride along southern Maine's picturesque coastline. This ride is for taking in the sights along the rocky shoreline and the sandy beaches. This tour allows for several stops where riders can get off the bikes, soak up the scenery, look for seals, and take some stunning pictures. Equipment is available for all ages. The ride is approximately 8 miles long and done at a leisurely pace. Participants will need to dress for the weather and bring water bottles. **You must register at the Front desk by Monday at 4pm.** Meet in the Activities office upstairs from the Lobby at 9:05am to complete rental forms. There is a \$10 cash fee for this activity due at time of registration.*

Wednesday September 8th 2010

8:00-9:00am *Little Fish Swim*

Designated for children 7 and under and their adult guardian(s).

12:10-2:00pm *Maine Wildlife Excursion*

Experience Maine's wildlife like you never have before! Discover the wild beauty of Maine's raptors, mammals, and reptiles. This is a unique opportunity to see these animals up-close and learn their stories. Watch live presentations

and view the raptor enclosures. These presentations will take place outside in natural surroundings. Participants will need to dress for the weather. Long sleeves, pants, hat, or bug spray always helps to keep the bugs away during the summer months. **There is a \$10 cash fee due at time of registration and participants must register at the Front Desk ahead of time. Any cancellation after 9am on Wednesday will not be refunded.** The first 11 people to register will have seats in the van while any additional participants must drive their own vehicles. There is a 20 person limit for this trip. Meet by the Lobby at 12:05pm.

Thursday September 9th 2010

8:00-9:00am

Little Fish Swim

Designated for children 7 and under and their adult guardian(s).

9:30am-12:30pm **Mountain Trail Hike**

Come experience the beauty of our coastal mountains and the best views Southern Maine has to offer! The trail has moderate terrain and is 2 miles long. Participants should be in good physical condition and will need to bring a water bottle. Be sure to dress appropriately to match the weather conditions. Long sleeves, pants, hat, or bug spray always helps to keep the bugs away during the summer months. Participants need to sign up in advance in the hallway directly across from the Front Desk. **This trip requires participants to drive their own cars.** Meet in the Activities office upstairs from the Lobby at 1:20pm to discuss our departure.

1:30-4:30pm

Coastal Reserve Walk

Follow Jeff as he guides you through this spectacular Research Reserve. The trails traverse through upland fields, woodlands, salt marsh, and out to a beautiful sandy beach. This is a superb spot to enjoy nature in all her seasons. Participants will also learn about coastal ecology and the history of a saltwater farm. Don't forget your camera as this is one of the last pristine pieces of Southern Maine coastline! The walk will be about 1.5 miles long. Dress appropriately for weather conditions and bring some water. Long sleeves, pants, hat, or bug spray always helps to keep the bugs away during the summer months. Participants need to sign up in advance in the hallway directly across from the Front Desk. **This trip requires participants to drive their own cars. There is a \$3 entry fee for adults and \$1 fee for kids ages 6-16.** Meet in the Activities office upstairs from the Lobby at 1:20pm to discuss our departure.

~The Activities Department has updated and expanded the board games for you and your family! We even have a practice putting green and other golf games that can be played right in your room. They can now be borrowed from their new storage cubby directly across from the Front Desk.

***We also have a selection of lawn games that can now be signed out from the Front Desk. The games are located in a storage container behind building 1, next to the basement entrance. Games include: badminton, soccer, football, horseshoes, bocce, and more!

GET YOUR BEACH RENTALS HERE!!!

The Falls at Ogunquit now offers onsite beach rentals

Leave the stress at home. Tired of locating, packing, unpacking, and lugging your beach gear around? We have everything you need for a perfect **stress-free** day at the beach.

- **Beach chairs**- You deserve a comfortable chair and we've got some of the best chairs made!
- **Beach shade tents**-Everyone needs some shade at the beach these days.
- **Beach carts**-No more carrying all that stuff!
- **Coolers**-48 qt. hard coolers and 24 can soft
- **Boogie Boards**-The perfect board for kids up to 80 lbs.
- **Skim Boards**-Let the kids cruise the beach on these boards up to 120lb. capacity.
- **Fishing poles**-This is Maine, go Fish!

Rentals Offered Through Maine Coast Explorers, LLC
Wells, ME

Summer 2010 Price List

	Daily Rental*	Weekly Rental**
Backpack beach chairs 250 lb. weight limit	\$10	\$25
Beach shade tents 7' wide by 4' tall by 4' deep	\$10	\$25
Hard coolers 48 qt. capacity	\$10	\$25
Soft coolers 24 can capacity	\$5	\$12
Beach caddies 100 lb. weight limit	\$10	\$25
Kids boogie boards 80 lb. weight limit	\$10	\$25
Kids skim boards 120 lb. weight limit	\$15	\$35
Fishing pole with lure 18+ years of age. \$12 fee if lure not returned.	\$15	\$40.00
Weekly Value Packages		Weekly Rental**
2 Pack: 2 backpack beach chairs, 1 beach shade tent, 1 soft cooler		\$75
4-pack: 4 backpack beach chairs, 1 beach shade tent, 1 soft cooler		\$125
2 boogie boards		\$45
2 fishing poles		\$65

Rentals are cash only. Tax included.